All newsletter submissions MUST be in by the 10th of the month.



Cooper Center's Volcano Community News



NEWSLETTER # 354

MARCH 2019

Sláinte!! *

Don your green and come join in the St. Patrick's Day celebration at the Cooper Center on

Saturday, March 16th. Festivities begin with Happy Hour from 4 – 5- PM. Step up to the bar and grab some pretzels and a brew, either on tap or in bottles. Don't forget your Cooper Center mug to receive \$1.00 off your beer. The fun continues with a traditional Irish meal served from 5 - 7 PM. Entrees include choice of roasted chicken with mushroom gravy or corned beef for \$TBD. Sides consist of roasted vegetables, cabbage, or colcannon** for \$TBD. Soda bread is also available. Don't forget to save room for dessert, available for \$1.00 each.

We may have the luck of the Irish but we also need the help of our community members. Donations are greatly appreciated in the form of vegetables for roasting (drop off by 3/12) and desserts (drop off by 3/16). Volunteers are also needed on 3/15 and 3/16 for the following duties: vegetable chopping, kitchen help, decorations set up, table/chair set up, bar assist, food serving, food running, dessert prep, clean up, and washing. Interested volunteers please contact Victoria 347-512-4225. We hope to see you there!

*an Irish toast "Good Health"

**an Irish dish made of cabbage, kale, or other greens, and potatoes boiled and mashed together.



Afternoon of Music, Food & Prizes Featuring BLUE TATTOO BLUES BAND

Saturday, March 9th, 2019 Cooper Center - Noon to 4pm



Blue Tattoo Blues Band from left to right: Mark Wooley (lead guitar and singer/song-writer); Tom Favara (bass guitar); Paul Buklarewicz (harmonica); Joe Buche (keyboard); and kneeling is Donavan Cotton (drums).

This event is a fundraiser for the **Volcano Emergency Response Plan**. Entrance is free, but there will be a charge for food and drinks and of course donations will be gladly accepted.

Your support will help the Volcano Emergency Response Team to purchase and store the supplies needed to assist during emergencies such as hurricanes, volcanic eruptions, fire, windstorms, and any other disasters that may hit our beautiful island. We want to be prepared!

Please join us for music by **Blue Tattoo Blues Band** (recently seen rockin' the blues at KMC's Lava Lounge), dancing, prize drawings, silent auction, food including pulled pork and beef, and plenty of fun.

For more information or to volunteer your help please contact Carole at 315-1758 or 498-4228. Mahalo!

NOTICE: County Planning Department will have hearings on Short Term Vacation Rentals on March 1st at 5:30p in the County Council room.

Volcano Newsletter

News Submissions

All e-mail submissions for ads, articles and Unclassifieds should go to Linda Ugalde at 936-9705 kilaueatutu@gmail Calls to my # between 8am-5pm only; it's treated as a business phone Be sure to include your name! Please include a headline. Deadline -10th of each month.

For any scheduling, contact Linda Ugalde 936-9705 8am to 5pm or email to kilaueatutu@gmail.com

Volcano Community News is not responsible for errors in submitted articles. The views expressed in the submissions are those of the authors. ALL submissions must be by digital copy, with name and contact information provided.

Advertising

Pre-Paid rectangular 11/2" high x 21/2" wide press ready ads cost \$30 per issue or \$162 for 6 months, and 21/2" square ads cost \$45 per issue, or \$243 for 6 months. Back page ads are \$55. and \$75. with a 10% discount for 6 months. If ads are stopped & restarted, ad graphics must be resent. Ads are placed as submitted, we cannot make any changes, or "fix" the appearance of the ads. Must be submitted in exact size as specified above. If you need help to prepare or fix the minimum resolution of 300 dpi contact a graphic artist of your choosing. Submit as a PDF or JPG file. Ad payments must be made in a timely manner. All ads are due by the 10th, and payment needs to be RECEIVED by the 10th. When you place an ad, make sure we have your snail mail and email address for billing. If you don't pull your ad, we will run, and you will be liable for payment.

Checks for advertising should be made payable to, addressed to, and received by the 15th of the month by:

Cooper Center Council Phone: (808) 967-7800 Volcano Community News P.O. Box 1000, Volcano, HI 96785 online: www.thecoopercenter.org

"The Voice" (pg. 6 & 7) is produced with full editorial license by Volcano Community Association not Cooper Center Council.

Edited by Linda Ugalde Layout/Design by Kipuka Graphics

Un-Classifieds

New Hope Volcano Church Thrift Shop will be re-opening on March 23rd. We are open the 2nd and 4th Saturday thereafter.

* * * * * * * * * *

Let's show some pride in our community. Meet with Volcano Rotary at Cooper Center parking lot on Thursday, March 21st at 7:30am to help pick up rubbish on Hwy 11 between mile markers 24 and 26.

Newsletter Deadline is the 10th, not the 15th Instructions for news submissions and advertising are on the left.



AcupunctureWorks and Body Therapy

Eve de Molin, L.Ac., L.M.T. B.S. Psychology (32 Years Exp.)

Hilo Office: 938-6341 Volcano Office: 985-8699



Worship Services & Meditation Groups

Catholic Sunday Mass St. Theresa's in Mt. View 5:30 pm on Saturday 10:00 am on Sunday

New Hope Christian Felowship Hilo Side of Akatsuka Orchid Sunday Svc. 8:30 am Pastor Ray Glory, Jr. 967-7129

The Village Church A/G
Wright Road just past Road A
Pastor Lani and Ted Bair
Sunday School at 9 am Sunday
Worship and Service at 10 am
Wed. Evening Bible Study 6:30 pm
Church phone: 967-8191

Society of Friends (Quakers) Royal Hawaiian Estates 3rd Sunday of each month at 4 pm 985-7037

The Baha'i Faith / Mauna Loa Est. 6:30 pm Tuesdays All are Welcome! 551-6329

Buddhist Meditation Volcano Art Center Niaulani Campus 3-5 pm Second Sunday of each month 985-7470

Everyone welcome, beginners too!

The Unitarian-Universalists of Puna 10:30 am Sundays in HPP Call 967-7295 for a ride.

> Christian Hebrew Roots Saturday, 10:00 to 12:00 Call William: 937-2311

Hale Lokahi Retreat House Mini Retreat every Sunday 10:30am to after Pot Luck Lunch 19-3848 Old Volcano Road

Volcano Insight Meditation Group Sundays, 10 - 11:30 AM Volcano Art Center, Niaulani Campus Mary Grace Orr, Teacher

Rainfall in Inches for the Month of January 2019 Volcano Golf Course 0.85 data collected by Amos Meyer 1.66^{-5} Volcano Village data collected by Jim Bush --4 1.79_{-3} Mauna Loa Estates data collected by JJ Jasinski 2-25 --2 **Royal Hawaiian Estates** 1.40 data collected by Tom Pico 1.89 Fern Forest data collected by Drew Kapp







Celebrate Recovery at New Hope Volcano

Every Friday 5pm-9pm, dinner and childcare provided (all ages)

What is Celebrate Recovery?

Celebrate Recovery is a Christ centered program that provides people with resources and relationships to help them recover from all types of hurts, habits, and hang-ups. This is a program for anyone struggling with past or current dysfunctions or compulsions, whether they are affecting their own life or the lives of those around them. The purpose of Celebrate Recovery is to fellowship and celebrate God's healing power in our lives through the Eight Recovery Principles found in the Beatitudes and the Christ-Centered Twelve Steps. As we progress through the program we discover our personal, loving and forgiving Higher Power Jesus Christ, the one and only true Higher Power.

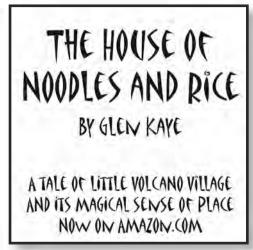
Who Should Attend?

If you are struggling with a hurt, habit, or hang-up, you can find lasting freedom from lifelong struggles at Celebrate Recovery! Here are some examples: Alcohol/Drugs, Anger/Rage, Anxiety/Fear, Co-Dependancy, Divorce, Eating Disorders, Food Addiction, Gambling, Grief, Guilt, Rejection, Hurtful Relationships, Insecurity, Lying, Need to Control, Over Spending, Overworking, Perfectionism, Physical/Sexual Abuse, Sexual Addiction. Celebrate Recovery is designed to help people to heal from ALL types of hurts, habits, and hang-ups. Only 1 in 3 people attending Celebrate Recovery are attending for an addiction-related issue.

What is Expected of Me?

Come as you are! No registration is needed. Celebrate Recovery is an anonymous recovery meeting. No matter your hurt, pain, or struggle you are welcome. You are free to share or not to share inside the open share small groups. All meetings are open to anyone who desires change, but anonymity and confidentiality are basic requirements. Celebrate Recovery does name and celebrate Christ as Higher Power, but anyone seeking a new way to manage life is welcome. Come with an open heart, an open mind and ears ready to listen. Newcomers are always welcome!

If you need more information, call Kea at 808-896-9028 or email at <u>bigkea@gmail.com</u>.







Volcano School of Arts & Sciences News

Help Save Volcano's Preschool!

This school-year marks the end of the federal Preschool Development Grant that was responsible for starting 18 pre-kindergarten classrooms in 11 charter schools, including The Volcano School of Arts & Sciences. VSAS PreK program in its second year and thriving! Parent Kerstin Peppers had this to say, "We love the VSAS PreK program! The staff is amazing! Our son looks forward to school each day. His teachers provide fun activities in a wonderful learning environment."

VSAS PreK program is placebased, incorporating Volcano's unique natural environment and Hawaii's rich cultural wisdom, language and teachings. The curriculum involves daily outdoor learning experiences, instruction in Hawaiian language, access to learning centers for play-based learning, and protocols for activities including starting the day and mealtime. Parent Kerstin Peppers said, "Not only is [my child] learning the skills to be prepared for Kindergarten, he is also learning Hawaiian language and culture, real life skills, problem solving, music and art. All while getting lots of creative, imaginative play time!"

The VSAS PreK curriculum provides opportunities for each child's creativity and innate problem-solving skills to blossom as children use their natural curiosity to investigate and explore their environment. According to Ms. Holly, "Children are naturally curious and we leverage this by following their leads and allowing them to wonder, while knowing when to push them a little further along their academic journey." In the VSAS PreK classroom, children have the opportunity to work and play collaboratively as well as alone. Children show what they

know through many forms of expression: They can draw, paint, build, sing, dance, move, pretend play, play music, and act. "The social-emotional growth that happens in PreK is remarkable. Perhaps even more remarkable is the bounds that children here in Volcano make in language development over the course of the school year," said Ms. Holly. "An environment that is rich in language ensures that students leave PreK with a much deeper vocabulary. This supports them through kindergarten not just in literacy but also in cognitive development."

Please help to keep the Volcano School preschool open by voicing your support for House Bill 996 and Senate Bill 1222, which appropriate funds to continue the 18 charter school PreK programs. Aspiring parent Serena Aiwohi hopes the PreK program continues and that her daugher is able to get in, "because of the loving staff and Hawaiian integrated lesson plans. I also love the staff to student ratio, and I know my daughter will get the individual attention that she needs."

If funded, the Preschool program would continue to be administered by the State Public Charter School Commission (SPCSC), which would determine and manage enrollment. Current proposed enrollment priorities are as follows. Priority 1: 4 year olds from families living within 300% above the federal poverty level. Priority 2: Any 4 year old. Priority 3: Any 3 year old. The SPCSC is also proposing a sliding scale, fee-based structure of \$100-\$300 per month.

For more information or to enroll, please contact at 808-985-9800 or info@volcanoschool.net.

Rotary Club of Volcano March News:

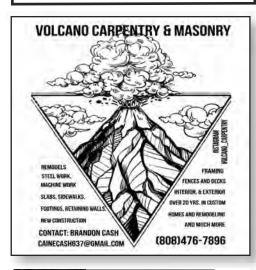


The Rotary Club of Volcano has been busy as usual. In February Rotary was handing out books to many schools for the students in East Hawaii. Rotary also helped with RYLA (Rotary Youth Leadership) at KMC on February 15-17.

We continue with ongoing projects at Volcano School of Arts and Sciences and Cooper Center. Our monthly road cleanup on Hwy 11 is the third Thursday of the month. We meet at Cooper Center at 07:30 and clean between mile markers 24 – 26. We always appreciate volunteers, as you can see the highway continuously has debris to be picked up.

Friends of Rotary are always welcome. Just contact a member of the club or visit our website at www.volcanorotary.org or our face book page at Rotary Club of Volcano.

The Rotary Club of Volcano.



TUTORING ENGLISH
AS A SECOND LANGUAGE
TESOL certificate
MÁRTA LÉPES
808-895-4631



VOLCANO SENIORS MARCH 2019 EVENTS

Seniors meet at Cooper Center on Thursdays, 9:00-12:00 pm

Mar. 6 Mar. 7	Outing: Casino Day, Hilo Business Meeting,
	warm-ups, games
Mar. 14	Warm-ups, games
Mar. 21	Warm-ups, games
Mar. 28	Warm-ups games.

Mahalo to Onan Masaoka, Program Director of Puna District, for his presentation of the semi-annual President's meeting held on February 1st. Onan shared the new system for signing up for ERS and other county events, as well as giving the club an event booklet for 2019 which includes sign-up sheets and envelopes for turning in monies.

Onan brought an indoor game of bowling. Most members tried their hand at rolling rubber balls at nine partially filled water bottles.

On February 14th members enjoyed our Annual Birthday Valentine Celebration. This year's outing included a delicious breakfast buffet at the Volcano House; and, at the same time, it was great to view the many changes of Halemaumau. Afterwards, everyone enjoyed a trip to the Visitor's Center.

On March 6th registered members will be enjoying the annual Casino Day at Edith Kanaka'ole Tennis Stadium. This event includes casino games, prizes and lunch. All seniors are welcome to enjoy this event; however, pre-registration is necessary.

If you are 55+ and would like to join us on Thursdays and need transportation or if you have other questions, please call 808-966-5801 and ask for Onan Masaoka, Program Director for Puna.

Bev Shiflett, President

March Happenings at Kilauea Military Camp

Surf & Turf Sundays at the Crater Rim Café. We invite you every Sunday to our new Special featuring a 12oz Rib Eye Steak, cooked just the way you like it, accompanied with a 4oz Lobster Trail, Steamed Seasonal Vegetables, Salad & Potato/Starch Bar and Beverage. All for \$29.95. Dinner hours: 5:00 pm - 8:00 pm. No reservations required.

RED Pin Bowling every Sunday, Tuesday, and Thursday at KMC Lanes! Bowl a strike with the RED PIN in the head pin position and get that game FREE! \$3.00 per game, \$1.75 Shoe Rental and don't forget your socks!

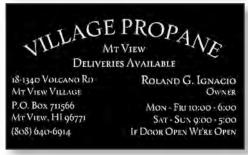
Open Mic Night: Wednesday, March 6, Lava Lounge from 6:00 pm – 10:00 pm. Calling all people to show off their talents! Singers, Bands, Comedians, etc. For patrons 21 years old and older. Call 967-8365 after 4pm for more details and to reserve your spot.

St. Patrick's Day Buffet: Friday, March 15, Crater Rim Café from 5:00-8:00pm. Corned Beef & Cabbage, Lamb Stew, Shepherd's Pie, and all the fixings. Adults \$19.95 and Child (6-11) \$10.95. Complement your dinner with an Irishale from the Lava Lounge. Call 967-8356 for more details.

Kilauea Luau Buffet every Friday night from 5:00 pm – 8:00 pm in the Crater Rim Café. Adults \$16.25 and Child (6-11) \$8.25. Free Hula Show on March 1, 8 & 15 from 7:00 pm – 8:00 pm. Call 967-8356 for more information.

KMC is open to all authorized **KMC** patrons and sponsored guests. Park entrance fees apply.













Thrift/Bookstore days & hours are: Tuesday through Saturday 8a to 1130a (not 1200). Please do not leave donations after hours, people will go through them and take anything of value.

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VCA Annual Meeting Update and Mahalo

The Volcano Community Association had their annual membership meeting on Monday, January 21st 2019. Our guest speakers were Doug Wilson and the Volcano Emergency Response Team.

Doug Wilson of the Volcano Emergency Response Team (VERT) introduced their team leaders and shared about the Volcano Emergency Response Plan (VERP), which has been reviewed by Hawaii County Civil Defense and was adopted by the VCA. (To read it, visit www.volcanocommunity.org). VERT's goal is to offer coordinated help in an emergency, particularly if we are cut off from services, but it is also focused on educating residents about how to plan and prepare for emergencies themselves. VERT is planning an Emergency Response Event in August to help our community become better prepared for possible disasters. Doug Wilson is Incident Commander, and the team leaders include: Carol Slattery/Operations Section Chief, Ellen O'-Dunn/Planning Sections Chief, Paul Lakin/Logistics Section Chief, Paul Field/Finance Section Chief, Nancy Lakin/Deputy Incident Command/Medical/Search & Rescue, Tim Bryan/ Communications Chief and David Miranda/Road Clearing Chief. Additional volunteers and funds are needed.

Carole Slattery and Chrissie Phelps have submitted the Design District portion of the Volcano Long Range Plan to the County Planning Department. The County asked for updated maps, a layout of the Design District and a clearer definition of "Volcano's unique architecture." They may bring in an architect to help address the County's requests.

A special mahalo to Georgette's Pastries for our social hour treats and to the many vendors and sponsors who donated items and gift certificates for our drawing: Kilauea Lodge, Cafe Ono, Aunty Pon's Thai Food Truck, Hawaiian Arts, Pāpa`a Palaoa Bakery, Raising Cane Hawaii, Hawaii Pacific Parks Association, Charlene Meyers, Leo's Jams, McCall's Farm and Life of Pie.

The VCA is proud to support The Volcano School of Arts & Sciences with funds we raise through membership fees and sales at Sunday's Farmer's Market. We selected Ms. Saltzman's projects at <u>DonorsChoose.org</u> and helped purchase wobble "alternative seating" chairs and an adjustable easel with chart paper. She shared with us the following:

"It is wonderful to see the community of Volcano coming together to fund our classroom projects. Thank you so much for your generous donation towards the alternative seating and primary lined paper and easel for our academic interventions small group classes that I teach. I could not have done it without you. The students love the alternative seating wobble chairs. The teaching easel and chart paper has completely changed everything for me for the better as a teacher. I can now preserve and review our word lists and sight word sentences. Thank you. Ms. Mara Saltzman"



The alternative seating wobble chair helps high energy children concentrate in school. *Photo credit Amazon.com*

Volcano Community Association (VCA) Mission Statement

To improve and protect the quality of life in Volcano, County and State of Hawaii, on behalf of all residents of the area. To promote the social and educational advancement, increase recreational opportunities, ensure health, protect natural environment, and develop community spirit. Also, it will undertake any consonant project the community may be moved to assign to it.

However, it will remain nonpartisan and nonsectarian.

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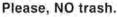
Nominated and elected at the January 21st VCA annual meeting from left to right are: Anne Farahi, Paul Field, Jane Field, Vicki Arthur, Mary Narito, Evelyn Wight, Meghan Jerolaman and Sher Glass.

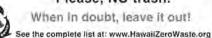
Name(s)

Recycle Clean 🔨 Recycle Right

Only recycle items listed for each bin. Do NOT include:

- · dirty or food stained items
- · plastic that is not a jar, jug or bottle
- plastic 3, 4, 5, 6, 6
- · plastic caps, covers or lids
- · plastic bags or plastic film
- · plastic take-out containers
- · poison, pesticide or automotive fluid containers
- · shredded, waxed or coated paper
- · squeeze tubes and juice boxes or bags
- · spray cans and propane or gas containers
- · aluminum foil or single use pie/loaf pans







Time to join	or renew	your r	membership?	Please note	new	rates	since	2017**
	(N	lembersh	hip Form Volcano	Community As	sociatio	n)		

City		State	Zipcode		
Email (important)					
Phone(s)	(day)	(eve)	(cell)		
our information will i	e kept private and will only be us	ed for VCA official business.			
VCA in a Comm	of Malantana and a site and have	Commenter 145 and comment	ur help! Please check your interests		
□ 4th of July		the section of the se	☐ Volcano Long Range Plan		
	al Committee Fundra		☐ Misc. Grunt Work		
	mmunications Membe		Other		
☐ Newsletter/Co					
CONTRACT.	of 2017) \$15 individual \$25	family (2 household m	ombors) \$		
Annual dues (as	of 2017) \$15 individual \$25				
Annual dues (as			embers)		

Please make your check out to the Volcano Community Association, and send with this form to:
Volcano Community Association, P.O. Box 600, Volcano, HI 96785
You can also join or renew at www.volcanocommunity.org
Make Jan.

Mahalo!

The Voice of the Volcano Community Association is published by the VCA Board of Directors: Vicki Arthur, Anne Farahi, Jane Field, Paul Field, Sher Glass, Meghan Jerolaman, Mary Narito & Evelyn Wight

PO Box 600, Volcano, HI 96785

www.volcanocommunity.org

vcainfo@yahoo.com



March at the Volcano Art Center & Gallery

Niuhi (Tiger Shark): Honoring Kamehameha the Great in Paint and Prose, an exhibition of original art by Carl F.K. Pao paired with selected writings by Kāwika Eyre at VAC Gallery in Hawai'i Volcanoes National Park, continues through March 24. The exhibit is in commemoration of the 200th anniversary of King Kamehameha's death.

Experience a year of Volcano Art Center's Hula Arts At Kilauea Program through the photography of Dino Morrow in the exhibition, Ancient Hula: Through the Lens of Dino Morrow from March 30 – May 5, 9am – 5pm daily at VAC Gallery in HVNP. Opening reception Saturday, March 30 at 5pm. Morrow, a documentary and portrait photographer specializes in imagery of indigenous and local cultures. He is well known for his stunning images documenting the art of hula.

The popular Paint Your Own Silk Scarf workshop with Patti Pease Johnson returns on Saturday, March 2 from 9am – 12:30pm.

Get ready to take a trip down the rabbit hole in an adventurous tunnel bookbinding workshop where your imagination is your only limit. Charlene Asato teaches the Exploring Tunnel Books workshop on Saturday, March 2 from 9am - 12pm.

The Business of Art, led by Ira Ono, is a one day intensive workshop for artists who want to grow their business on Saturday, March 9 from 9am – 4pm.

The Stained Glass Basics 2 workshop series with Claudia McCall starting Saturday, March 9 from 9am – 12pm, is perfect for those with prior copper foil stained glass experience.

Dina Wood Kageler leads the Zentangle Lava Layers workshop on Saturday, March 9 from 10am – 1pm. Just as stratum of lava have created our `āina, we will add layer upon layer of tangles to represent the birth processes of our island.

Relax and unwind with a sampling of wines as you learn watercolor techniques with Nancy DeLucrezia in the Wonderful World of Wine & Watercolors workshop on Tuesday, March 12 from 4-7pm.

After sell-out concerts year after year at VAC, Rebecca Folsom returns for another intimate acoustic concert on Saturday, March 16 at 5:30pm. She will also offer The Art of Vocal Freedom workshop on Sunday, March 17.

A poetry reading with Joe Harrington and Susan Schultz happens on Thursday, March 21 at 6:30pm.

Join Tom Peek for Writing for Inner Exploration and Life Reflection on Saturday, March 23 from 9:30am – 4pm. Take a day out of your busy life to explore your deeper self and ponder the life you've lived so far.

Enjoy the outdoors and take your painting beyond the four walls of a classroom in the Pastel On-Site Landscape Painting workshop with Patti Pease Johnson on Saturday, March 23 from 9am – 12:30pm.

The Hawaiian Language 8-week class series with Kaliko Trapp starts Thursday, March 28. Levels 1, 2, & 3 will be offered.

Mixed Media Encaustic with Mary Milelzcik is a hands-on workshop, where you'll learn safe studio practices, all the encaustic painting basics, step-by-step, on Saturday, March 30 from 10am – 2:30pm.

In the hands-on Landscaping with Native Hawaiian Plants workshop with Zach Mermel of Ola Design Group, you'll interact first-hand with a variety of native plants found throughout Hawai'i Island's various microclimates and learn how to integrate these plant allies into your outdoor ecosystem. Join the fun on Saturday, March 30 from 9am – 3pm.

Hula Voices at VAC Gallery on March 6 from 5:30 – 7pm, presents an engaging, intimate "talk story" session with Hawai'i Island kumu hula who live lives centered on the practice of hula and its associated arts. This month features Kumu Hula Ka'ea Lyons & Lily Lyons.

This month's Hula Kahiko performance at 10:30am happens on March 9 with Nā Kumu Hula Ka'ea Lyons & Lily Lyons with Hālau Ka'eaikahelelani, and Nā Mea Hula with Kumu Kaho'okele Crabbe with Halauolaokalani from 11am – 1pm at VAC Gallery.

Aloha Wednesday Creative Arts Classes occur weekly, from 11am – 1pm at VAC's Ni'aulani Campus! These are weekly short classes on a wide range of arts including lauhala weaving, tile making for the Community Mosaic Project at VAC, and more.

Hawaiian Values Printmaking, a weekly, hands-on, printmaking class increasing the understanding of Hawai'i's rich resources, heritage, and traditions using the donated linoleum block prints of the beloved artist, Dietrich Varez occurs

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cont. from previous page

Mondays from 11am – 1pm at VAC's Ni'aulani Campus.

Aloha Friday Cultural Demonstrations take place each Friday on the front porch of Volcano Art Center Gallery, from 11am – 1pm. Visitors and kama'aina alike are invited to experience a free, hands-on workshop presented by hospitable Hawai'i Island practitioners, covering topics such as ukulele, lei making, hula and chant, and lauhala weaving.

The Volcano Art Center is a non-profit educational organization created in 1974 to promote, develop, and perpetuate the artistic and cultural heritage of Hawai'i's people and environment through activities in the visual, literary, and performing arts. Please visit www.volcanoartcenter.org.

A smile is the quickest way to brighten up a room.

From the Fire House

Ah, March comes in like a lion and goes out like a lamb. At least that is the hope on the mainland. For us in Hawaii, it means timeto prepare for hurricane season. Awesome!



There are many things to prepare for in the event of a disaster. Let's consider go bags. What is a go bag? Why do I need one? Many of us may feel in the event of a disaster, we would have time to gather what we need, in the event one needs to evacuate. I am sure the people in Leilani Estates felt the same way. However, many had only a few minutes to evacuate, with only the clothes they were wearing. A go bag is a back pack, duffle bag or other type of pack. It contains some spare clothes, toiletry articles, any medicines you need, flashlight with batteries, and some food. It should also contain a first aid kit and a radio to listen for news, either a battery powered or hand crank kind. No one can predict the exact time a disaster will happen. It has been recommended to have a bag at your work, in your car and home. If this is not feasible for you, then make it a habit to take the bag where ever you go.

You should also make one for each of your children. Be sure to include toys and other games to keep them entertained if you are in a shelter. Make sure you periodically check the clothes sizes in your kids' bag. They do grow so you want to make sure the clothes will fit. Don't forget your pets. They need a go bag too. Not many shelters are pet friendly so be prepared to keep them in your car. Don't forget their food and water. Starting to prepare now will be much easier and less expensive, rather than waiting for the last minute. Have a great month.

Paul Lakin, Captain, 19A



Hawai'i Volcanoes Institute Presents

SUNDAY WALK IN THE PARK Sunday, March 10 – 10am - 12pm

This monthly program, held on second Sundays, is aimed at bringing together the members of Friends of Hawai'i Volcanoes National Park to explore the park's beautiful trails.

This month's walk explores Ha'akulamanu (Sulphur Banks) Trail. We will start at the Kilauea Visitor Center and follow the trail past Sulphur Banks. This unusual place, with steaming cracks and colorful mineral deposits, has been famous for birds and healing vapors. This easy walk is mostly on flat level ground.

The walk is free to Friends members (non-members are welcome to join the non-profit Friends group in order to attend). You can register on-line at www.fhvnp.org. Park fees apply.

Friend us

Join our mission to support Hawai'i Volcanoes National Park

The National Park Service preserves unimpaired the natural and cultural resources and values of the National Park System for the enjoyment, education, and inspiration of this and future generations.

But what if we could do more?

What if we could offer in-depth natural and cultural encounters, fund the restoration of buildings inseparable from our history, and do those little extra things that bring out the true colors and awe-inspiring passions that made these places so special to begin with.

You can when you become a friend.

To become a member visit our website at www.fhvnp.org, call 808.985.7373, or email admin@fhvnp.org.

Friends of Hawai'i Volcanoes National Park an official philanthropic partner of

Hawai'i Volcanoes National Park - We are a non-profit 501(c)3

PO Box 653, Volcano HI 96785 • (808) 985-7373 • email: admin@fhnvp.org Web: www.fhvnp.org - Find us on Facebook at www.fhvnp.org

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Hawai'i Volcanoes National Park March 2019 Events

Hawaii National Park, Hawaii –Hawaii Volcanoes National Park continues its tradition of sharing Hawaiian culture, After Dark in the Park talks, stewardship programs and opportunities to explore the Kahuku Unit during March 2019.

Visitors are encouraged to check the park's online calendar of events, and look for program flyers posted after 9:30 a.m. on the bulletin board at Kīlauea Visitor Center: https://www.nps.gov/havo/planyourvisit/calendar.htm.

Park programs are free, but entrance fees apply. Some programs are co-sponsored by Friends of Hawai'i Volcanoes National Park and Hawai'i Pacific Parks Association. Mark your calendar for these upcoming events:

Stewardship of Kīpukapuaulu. Help remove troublesome plants at Kīpukapuaulu, home to diverse native forest and understory plants. Bring clippers or pruners, sturdy gloves, a hat, and water. Wear closed-toe shoes and clothing that you don't mind getting permanently stained from morning glory sap. Be prepared for cool and wet or hot and sunny weather. New volunteer? Contact Marilyn Nicholson for more info: nickem@hawaii.rr.com.

When: Every Thursday at 9:30 a.m. (March. 7, 14, 21 & 28)

Where: Meet at the Kīpukapuaulu parking lot, Mauna Loa Road, off Highway 11 in the park.

Stewardship at the Summit. Volunteer to help remove invasive, non-native plant species that prevent native plants from growing in Hawai'i Volcanoes National Park, a World Heritage Site. Wear sturdy hiking shoes and long pants. Bring a hat, raingear, day pack, snacks and water. Gloves and tools are provided. Under 18? Parental or guardian accompaniment or written consent is required. Visit the park website for additional planning details: https://www.nps.gov/havo/planyourvisit/summit stewardship.htm.

When: March 2, 9, 16, 22 & 29. Meet at 8:45 a.m.

Where: Meet project leaders Paul and Jane Field at Kīlauea Visitor Center on any of the above dates.

Explore Kahuku. The Kahuku Unit is open Wednesday through Sunday from 9 a.m. to 4 p.m. and is free! Take a self-guided hike, or join rangers on Sundays in March for a two-hour guided trek at 9:30 a.m. (The trail will vary depending on visitor interest). Enter the Kahuku Unit of Hawai'i Volcanoes National Park on the mauka (inland) side of Highway 11 near mile marker 70.5. Kahuku is located in Ka'ū, and is about a 50-minute drive south of the park's main entrance. Sturdy footwear, water, raingear, sun protection and a snack are recommended for all hikes.

Pahu Manamana o 'Umi Ancestral Brilliance. Join Pualani Kanahele of the Edith Kanaka'ole Foundation as she takes us on a virtual visit to Pahu Manamana o 'Umi, a stellar instrument positioned 7,752 feet up on the southwest slope of Mauna Loa, and protected within Hawai'i Volcanoes National Park. The ancient structure is a remarkable example of the brilliance of Hawaiian archaeo-astronomy, and how the ancestors made sense of these archaic instruments to align themselves with the moving planets, the rising and setting of stars and even the making of islands. Part of Hawai'i Volcanoes' ongoing After Dark in the Park series. Free (park entrance fees apply). See photo below.

When: Tues., March 12 at 7 p.m.

Where: Kīlauea Visitor Center Auditorium

Lomilomi Demonstration. Join Michelle Wall-O'Connor as she demonstrates the spiritual components of lomilomi, a style of massage that incorporates the Hawaiian concept of aloha to promote personal harmony. Part of Hawai'i Volcanoes' 'Ike Hana No'eau "Experience the Skillful Work" workshops. Free (park entrance fees apply).

When: Wed., March 13 from 10 a.m. to 12 p.m.

Where: Kīlauea Visitor Center lānai

Exploring the Unknown Depths. Have you ever wondered what lives 2,000 meters below the ocean surface? Justin Umholtz, National Marine Sanctuary Foundation education associate for Papahānaumokuākea Marine National Monument, shares his experiences aboard the Exploration Vessel Nautilus, mapping and diving (via a remotely operated underwater vehicle, or ROV) unexplored seamounts. Part of Hawai'i Volcanoes' ongoing After Dark in the Park series. Free (park entrance fees apply).



When: Tues., March 26 at 7 p.m. Where: Kīlauea Visitor Center Auditorium

-NPS-

Left: Pahu Manamana o 'Umi, a Hawaiian stellar instrument located on Mauna Loa within Hawaii Volcanoes National Park. Photo credit: Kalei Nuuhiwa

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Park ecologist David Benitez and freed (from invasive species) hapu'u pulu fern keiki. NPS Photo



Volunteers free an endemic maile vine from the large, ropy morning glory vine called koali 'awa, NPS Photo/Janice Wei



The NOAA exploration vessel, Nautilus. Photo credit: Justin Umholtz/NOAA



Preparedness for People with Disabilities and Others with Access and Functional Needs



Americans with Disabilities Act is almost 30 years old. Individuals and caregivers for people with disabilities and others with access and functional needs are encouraged to evaluate their necessities in the event of an emergency and create an emergency plan unique to them.

The Ready campaign shares several easy ways to create an emergency plan tailored for specific needs:

- Collect information Create a paper copy of the contact information including phone, email, and social media information for your family, friends, caregivers, neighbors and other important people or service providers.
- Share your emergency plans Tell your employer and trusted people in your support networks where you keep your emergency supplies, what you need, and how to contact you if the power goes out.
- Practice Your Plan Dedicate time to practice your emergency plan with your support network, just as you would with a fire drill.

For more great information on how to make your emergency plan, visit Ready's Individuals with Disabilities page:

ready.gov/individuals-access-functional-needs

You can visit the Volcano CERT website at <u>volcanocert.org</u>





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Volcano Community News



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March Events

S Gallery Events S
Niuhi (Tiger Shark): Honoring Kamehameha the Great in
Paint and Prose

Continues through March 24, 2019
An exhibition of original art by Carl F K. Pao paired with selected writings by Käwika Eyre, in commenoration of the 200th anniversary of King Kamehameha's death.

Ancient Hula: Through the Lens of Dino Morrow
March 30th -May 5th, 9am -5pm daily
Opening Reception Saturday, March 30th at 5:00PM
Experience a year of Volcano Art Center's Hula Arts At Kilauea
Program through the photography of Dino Morrow.
Morrow, a documentary and portrait photographer specializes in
imagery of indigenous and local cultures. He is well known for his
stumpley images documenting the art of fulla. stunning images documenting the art of hula

Hula Voices - March 6

Featuring Na Kumu Hula Ka'ea Lyons & Lily Lyons

Hula Kahiko - March 9, 10:30am

Na Kumu Hula Ka'ea Lyons & Lily Lyons with Halau Ka'eaikahelelani Na Mea Hula withKumu Kaho'okele Crabbe with Halauolaokalani

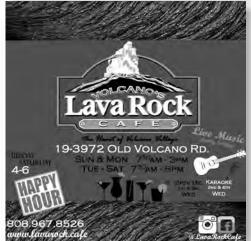
Ni'aulani Campus

- 3/2 Paint Your Own Silk Scarf with Patti Pease Johnson 3/2 Exploring Tunnel Books with Charlene Asato
- 3/9 The Business of Art with Ira Ono
- 3/9 Stained Glass Basics II with Claudia McCall 3/9 Zentangle: Lava Layers with Dina Kageler 3/12 Wine & Watercolors with Nancy DeLucrezia
- 3/16 An Evening with Rebecca Folsom concert
- 3/17 The Art of Vocal Freedom workshop with Rebecca Folsom 3/21 Thursday Night at the Center: Poetry Reading
- 3/23 Writing for Inner Exploration & Life Reflection with Tom Peek
- 3/23 Pastel On-Site Landscape Painting with Patti Pease Johnson 3/28 Hawaiian Language Level 1, 2, 3 with Kaliko Trapp
- 3/30 Encaustic Painting with Mary Milelzcik
- 3/30 Landscaping with Native Hawaiian Plants with Zach Mermel Weekly Offerings: Hawaiian Values Printmaking Workshops on Mondays & Aloha Wednesday Creative Arts Classes

Ham - Ipm at Ni'nulani

Call 967-8222 or visit www.VolcanoArtCenter.org









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